

The Out-of-Body Travel Foundation, Spiritual Counseling and Direction Marilynn Hughes

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No Professional Advice**

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Marilynn Hughes offers Spiritual Counseling which comes from the well of her experience in the mystical realms along with certain training also acquired in certifications, BUT NO DEGREED PROGRAMS. Marilynn Hughes does not have a license in counseling, Marilynn Hughes does not have an Associates or Bachelor’s Degree in Psychology, nor does Marilynn Hughes have any degrees or study in Psychiatry.

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Marilynn Hughes offers spiritual direction and counseling with no warranty beyond her status as a layperson who offers her unique gift to those who feel they might benefit from it.

Marilynn Hughes makes no warranty that anything she may offer will provide any specific benefit to any individual; her work is to listen and offer guidance. But this guidance comes from her own opinions which are formed from her experiences, and from her various trainings. Marilynn Hughes does not claim to speak for God, she speaks only as herself, a fallible human being who shares opinions formed from years of study and mystical experience.

Marilynn Hughes does not present herself as a psychic, medium, channeler, empath, exorcist or any other such specially gifted soul, but rather as a listener who hopes to guide the soul through experience, discernment and a caring ear.

Marilynn Hughes does not present herself as an exorcist, and it is only an ordained Catholic Priest with the special permissions given to him by a bishop can function in this manner.

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What Marilyn Hughes Can Offer

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Marilynn Hughes founded 'The Out-of-Body Travel Foundation' in 2003 (Mission: Reduce Spiritual and Physical Hunger Worldwide). Marilynn has written 101 books, 40 magazines and 18 CD's on Out-of-Body Travel and

Comparative Religious Mysticism. These books, along with accompanying music and art, are all available for free download. Marilynn has experienced, researched, written and taught about Out-of-Body Travel and Mysticism since 1987 and has appeared on innumerable radio and television programs to discuss her thousands of out-of-body experiences.

Marilynn Hughes is the author of the first and only **English Language Encyclopedia of Ancient Sacred Texts, 'The Voice of the Prophets: Wisdom of the Ages.'** She was featured in two documentary films **'The Road to Armageddon: A Spiritual Documentary'** which has been viewed by well over half a million people, and **'The Grand Phases of the Soul'** which premiered at **'The Conference for Consciousness and Human Evolution, London, Online'** in 2020. She's been included in **'The Encyclopedia of the Unseen World,'** by Constance Heidari and **'Extra-Planetary Experiences: Alien Human Contact and the Expansion of Consciousness,'** by Dr. Thomas Streicher. Marilynn has been the subject of several **Out-of-Body Travel Research Studies. KC Armstrong, Former Producer of the Howard Stern Show,** named Marilynn as one of thirteen **'Simply Amazing Women'** he featured in his May 2020 Book. She spent two years on the original board of **'The Dr. Edgar Mitchell Foundation for Research into Extraterrestrial Experiences.'** Marilynn Hughes and **Dr. Rudy Schild, Professor Emeritus Astrophysics Harvard,** co-authored a chapter (**'The Science for Moral Law'**) which is included in Volume III of **'The Change.'** Marilynn has joined **James Van Praagh** and the research team at **'The Afterlife Uncovered.'**

She has studied the **Ancient Sacred Texts** of all **Major and Minor World Religions** extensively, as well as, **Catholic Mystical, Ascetical, Biblical, Doctrinal, Dogmatic, Systematic, Liturgical, Catechetical, Moral Theology** and **Individual Schools of Theology,** i.e. **Franciscan, Carmelite, Ignatian, Dominican, Benedictine,** etc.

'The Out-of-Body Travel Foundation's' Marilynn Hughes has received certifications and education in interfaith fields. (**Honorary Doctorate in Divinity and Metaphysics, Certification as Chaplain, Spiritual Counselor and Christian/Interfaith Ministry.**)

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Marilynn was trained by an Operational **Remote Viewer** and received certifications in **Naturopathic Medicine, Ayurvedic Medicine and Reiki**. She's earned through the **Academy of Modern Applied Psychology, the Global Continuing Professional Development Accreditation Body, the International Institute of Complementary Therapists Accreditation Association, The Priority Academy, The Brain Academy, iSapientia Therapeutic Technologies, Solutions in Mind, Humanist Learning Systems**; certifications in **Hypnotherapy** (Braid/Ericksonian - Including Past Life Regression Therapy (PLRT), Life Between Lives Therapy (LBLT), Future Life Progression (FLP), Rapid Induction Hypnosis), **Psychological** and as a **Spiritual Life Coach Practitioner, Neuro Linguistic Programming (NLP), Rational Emotive Based Therapy (REBT), Cognitive Behavior Therapy (CBT), Acceptance & Commitment Therapy (ACT), Dialectical Behavior Therapy (DBT), Mindfulness Based Cognitive Therapy (MBCT), Thought Field Therapy (TFT), Emotional Freedom Technique (EFT), Emotion Focused Therapy (EFT), Solution Focused Brief Therapy (SFBT), Neurocognitive Behavioral Approach, NeuroPlasticity (NBA and Brain Training), Jungian and Gestalt Psychotherapy.**

Marilynn Hughes offers **Spiritual Counseling** for those who have an interest in one on one guidance.

By signing below, I hereby certify that I understand the above document. I certify that I understand that Marilynn Hughes is not a professional licensed or degreed counselor, psychologist or psychiatrist. I certify that I understand Marilynn Hughes has informed me to follow whatever medical advice I have received from other professionals and that she cannot comment or give professional advice on any medical, psychological, psychiatric, legal or financial issues. I also certify that I understand that Marilynn Hughes is not an exorcist, and that only an ordained Catholic Priest with the special permissions given to him by a bishop can function in this manner. I also certify that I understand that Marilynn Hughes is not a psychic, medium, empath, channeler, exorcist or other such specially gifted soul, but rather a listener to assist in guiding the way. By signing below, I agree to hold harmless, Marilynn Hughes and 'The Out-of-Body Travel Foundation® from any liability for any direct, indirect, consequential, special, exemplary or other damages that may result, including but not limited to economic loss, injury, illness or death, at any time, under any circumstance.

Name

Date